THE FIELD AND APPLIED DISCIPLINES

Family and Consumer Sciences is an academic field that combines aspects of both social and natural sciences. This field deals with relationships among individuals, families, communities and the environments in which they live. Several applied disciplines including consumer sciences, nutritional sciences, parenting, personal and family finance, resource management, human (including child) development, family science, housing and interior design, textiles, apparel design and production, hospitality management, and related subjects are included.

CAREER OPPORTUNITIES

Today’s Family and Consumer Sciences educators are qualified for employment in multiple settings. The two most common careers are secondary (grades 7-12) school instruction (FACS Education) and Cooperative Extension Service education (FCS Education). School teachers provide instruction in several disciplines within the Family and Consumer Sciences field; teachers can also provide specialized and/or occupational FCS courses. Cooperative Extension Educators offer educational programs in FCS content areas for youth and adults. Many FCS Educators work with youth organizations such as 4-H and FCCLA. With continued education beyond the baccalaureate degree, professionals may advance into areas of school administration or district and state level leadership.

RESOURCES

http://www.aafcs.org/AboutUs/FCS.asp
American Association of Family & Consumer Sciences

http://www.fcs.okstate.edu/
Oklahoma Cooperative Extension Service

https://icat.okcareertech.org/cgi-bin/WebObjects/OKCT.woa/wa/room?id=4XJ1h/
Oklahoma CareerTech - Family and Consumer Sciences Education

SPECIALIZED COURSES

Principles of Human Nutrition
Nutrition Across the Lifespan
Introduction to Professional Food Preparation
Food Safety and Sanitation
Design Theory and Processes for Apparel and Interiors
Apparel Assembly
Family Resource Management
Lifespan Human Development
Relationship Development and Marriage
Instructional Methods for Family and Consumer Sciences